

# MONTHLY GOALS

month: \_\_\_\_\_

FAMILY AND FRIENDS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

HEALTH AND FITNESS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

HOME IMPROVEMENTS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

CAREER

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

PERSONAL GROWTH AND SELF CARE

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

SERVICE/CONNECT WITH

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_